Code: Rustic Lamb Shoulder Forequarter L028 2. The forequarter of lamb. 4. Remove the breast tip, and knuckle by 1. The forequarter is to be removed from 3. Sheet bone the ribs leaving the neck fillet the carcase between the 6th and 7th ribs. attached to the bone. sawing.... 7. Trim off any excess fat. 5. ...through the humerus as illustrated to 6. Remove large fat pocket. 8. Score the outside of the shoulder. create Knuckle Code: Forequarter L017.



